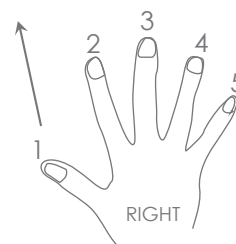
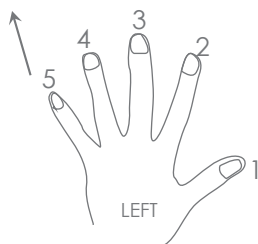
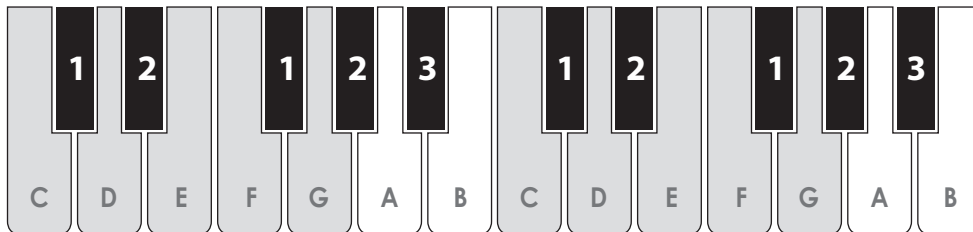


LESSON 1 : THE PIANO AND THE 10 FINGERS



**OBJECTIVES AND:
DIFFICULTY LEVEL**
★☆☆☆☆

1. Learn the position of the 10 fingers on the piano.
2. Familiarise with the 7 keys.
3. Strengthen the finger muscles.



STEPS

Find the **2 black keys** and **3 black keys**.
Play around and press any groups of
2 or 3 black keys.
<https://youtu.be/krAA8tM1KoA>



There are 7 repeated letters on the white keys.
Play the keys and sing along:
C D E F G A B C
<https://youtu.be/zH11HEAcTJ4>



C D E F G A B C

Place your right thumb on C and pinky on G (C position).
Play each key a few times C D E F G and vice versa.
Repeat the cycle a few times.
<https://youtu.be/UBBQ-Hsdc08>



Place your left pinky on C and thumb on G
(left hand C position). Play C D E F G and vice versa.
Repeat the cycle by playing each key a few times.
<https://youtu.be/ztULFFGwLEI>



Let's play a simple song!
Follow the keys and have fun.
<https://youtu.be/UD9VksrkI2M>



G E E - F D D -
C D E F G G G -
G E E - F D D -
C E G G C C C -